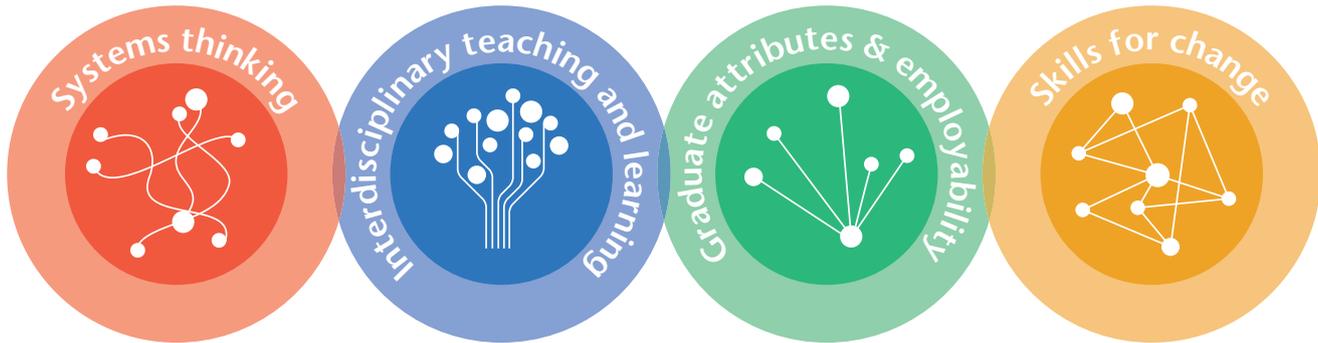


# BE A FORCE FOR FOOD SYSTEMS TRANSFORMATION



# IFSTAL

Interdisciplinary Food Systems Teaching And Learning



## 2019/20 programme



The London Centre for  
Integrative Research  
on Agriculture & Health



Celebrating a 5th year of food systems teaching and learning

[www.ifstal.ac.uk](http://www.ifstal.ac.uk)

# Join our interdisciplinary community

- 🌱 Complete a voluntary programme of cutting-edge, flexible, online units on food systems thinking and methodologies, complemented by face-to-face workshops.
- 🌱 Join a large and diverse community of over 1,400 food systems thinkers including students, alumni and workplace practitioners.
- 🌱 Open to all postgraduate students enrolled at one of our partner institutions. Interested undergraduate students are welcome to apply to your Education Coordinator.
- 🌱 Connect with workplace practitioners working on real life food system challenges.
- 🌱 Interact with students from across our partner institutions in interdisciplinary, team-based learning and student workplace networking events.
- 🌱 Enhance your CV, develop a range of soft skills, plus opportunities for work and dissertation placements, internships and more.
- 🌱 Engage as much as you want; the programme is completely free and voluntary, but the more you put in, the more you get out.



## Rosie Iron,

MSc Environment, Policy and Development, SOAS, University of London, *and now working at Sedex as an Ethical Trade Coordinator*

“IFSTAL was a unique opportunity to expand skills, perspectives and networks whilst studying. Distinct from other educational programmes, IFSTAL went beyond knowledge-learning to introduce tools that stimulate discussion, identify problems and encourage consensus. An absolute highlight was the summer school. This not only gave us opportunity to meet others seeking to drive food system improvements, but also brought us time with experts in settling community conflicts, careers and communications. I highly encourage all to get involved with the fantastic opportunities that come through the IFSTAL programme.”

Open to all postgraduate students enrolled at one of our partner institutions. Interested undergraduate students are welcome to apply to your Education Coordinator.

## Contact your local Education Coordinator:

University of Oxford:	lfstal-oxford@eci.ox.ac.uk
University of Warwick:	ifstal-warwick@warwick.ac.uk
LCIRAH (RVC, SOAS, LSHTM):	ifstal-lcirah@rvc.ac.uk

# Meet like-minded food change enthusiasts

The IFSTAL programme is designed to help you develop a range of skills and knowledge above and beyond what you would normally acquire from your studies. It will prepare you for tackling complex food systems challenges. IFSTAL will help you become:

- 🌱 An imaginative and critical food systems thinker
- 🌱 A well-informed and knowledgeable employee
- 🌱 A creative and active collaborator and learner
- 🌱 An engaged and informed professional able to effect change
- 🌱 A confident and flexible communicator

## Take part in our events

Event	Description	Date and location
Launch events	Sign up and meet the team	17th October 2019, University of Oxford
	Sign up and meet the team, film screening	17th October 2019, RVC
	Sign up and meet the team	18th October 2019, University of Warwick
Workshop 1	Exploration of food systems	2 November 2019 - SOAS, University of London
Workshop 2	Investigation of food systems thinking	7 December 2019 - University of Oxford
Public lecture	Sue Pritchard, Director of the Food, Farming and Countryside Commission, RSA	13 December 2019 - SOAS, University of London
Workshop 3	Application of food systems methods	8 February 2020 - University of Oxford
Workshop 4	Intervention for food systems change	7 March 2020 - LCIRAH, University of London
Summer school	1 week residential course	21 to 26 June 2020 - University of Warwick



### Samantha Royston,

MSc Sustainable Crop Production: Agronomy for the 21st Century at the University of Warwick, *and now working at Intelligence Analyst at the National Food Crime Unit, Food Standards Agency*

"The IFSTAL programme offers a really unique opportunity to connect with a variety of professionals across the food system and learn about the many diverse opportunities available for early career researchers. Learning about advanced social research techniques through the online programme enabled me to expand my research skills and gain confidence applying these skills to new situations. Lastly, the programme allowed me to develop a more holistic and detailed understanding of the food system, something that I am sure will be an asset in my new role."

**Plus more!**  
Check the website  
[www.ifstal.ac.uk](http://www.ifstal.ac.uk) or portal  
[www.vle.ifstal.ac.uk](http://www.vle.ifstal.ac.uk)  
or contact us for more  
information and a full  
schedule of additional  
local events.

# The IFSTAL story

- Created to fill a skills gap in the food sector, IFSTAL builds graduates' professional capability in critical and innovative food system thinking.
- In the past four years over 1,400 students across the partner HEIs have engaged in building a community equipped with the skills to address food systems challenges.
- With diverse workplace connections, the IFSTAL network spans the food sector, including production, processing, logistics, retail, research, NGOs and government.
- IFSTAL has supported the launch of European Food Systems Education and Training (EFSET) led by the University of Reading.
- IFSTAL has delivered food systems training courses in Ghana and Indonesia



**Eve Nelson**

Biological Sciences, University of Oxford, *Plastic Removal Project Manager at Iceland*

"I really enjoyed every aspect of the IFSTAL programme. It is fantastic for improving food systems knowledge, developing transferable skills and building a network of students, academics and industry professionals from across the sector. The diverse nature of activities offers a combination of theory and practice, which helped me truly understand and consider food systems in their entirety. In addition, the alumni network and course leaders have continued to be a valuable source of guidance and support as I pursue my sustainable food systems career."



"Taking a systems approach is about thinking broadly not narrowly and in the end it will put the organisation in a much better place to deal with the challenges that are coming in the future."

**Workplace partner**

"Participation in IFSTAL has helped me be more reflective about my learning and personal development."

**IFSTAL 2018-19 participant**

"It has helped me really think about where my place in the food system might be and widen my career ideas. I always leave IFSTAL events feeling really positive and enthusiastic about the future."

**IFSTAL 2018-19 participant**

"To have people who have a sense of their role within the system and how they collaborate with other actors is a very valuable skill."

**Workplace partner**

## Interested in food systems training?

IFSTAL offers customised training courses on food systems thinking. This will help your organisation get to the core of the challenges you face. We will work with you to create a training package that addresses your unique issues while giving you access to the international IFSTAL network and community. If you would like to discuss tailored food systems training to meet specific challenges within your organisation, please get in touch with John Ingram, IFSTAL Programme Leader – [john.ingram@eci.ox.ac.uk](mailto:john.ingram@eci.ox.ac.uk)

Year 5 has been supported by

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